

Good Grief Conference

Journeying Through Loss Towards Hope

October 25, 2021

Virtual Event

Presented by the VCU Department of Pastoral Care, the Bereavement Program, the VCU College of Health Professions and VCU Health Continuing Education





Schedule

Course description

Join us at this year's Good Grief Conference to gain new insights into how grief is experienced both personally and in community and how care professionals can respond to the needs of the current moment.

Target audience

This activity is designed for interprofessional health care teams, chaplains, volunteer caregivers, and others working with those experiencing grief, whether related to health crises, chronic or life-changing situations, end of life or bereavement issues.

Course objectives

At the conclusion of this activity, learners will be able to:

- Identify pathways for making meaning and facilitating growth through the grief process.
- Discuss approaches for improving cultural response with persons with limited English proficiency.
- Describe the impact of the death of a child on families and tailor sensitive responses to support them.
- Consider layers of complicated grief related to pandemic losses and discuss avenues for self-care, resiliency and joy.



Monday, October 25

A.M.

8:00 **Welcome and opening remarks**Stephanie Hamilton, MDiv, BCC
Marilyn J. D. Barnes, MS, MA, MPH, BCC
Susan Parish, PhD

8:10 Helping our patients (and ourselves!) cope with traumatic grief
Kathryn Maher, PhD, LCP

9:15 Impacts to family from loss of a child Rich Catlett, MDiv, MS, BCC, Ann Day, Jennifer Moss, Heather Rossi, CCLS, CPST and Carrie Schaeffer, LCSW

10:15 **Break**

10:30 **Grief and loss in isolation** Becky Lomaka, MA, CT

11:45 **Extended break**Visit the virtual exhibit hall for live interaction with exhibitors from 11:45 a.m. - 1:00 p.m.

P.M.

12:10 Supplementary breakouts

Option A - Meet and Greet with Becky Lomaka
Option B - Chair yoga: Mindful movement and
relaxation

1:00 **Resiliency, hope and finding joy amidst loss** Alena C. Hampton, PhD, LCP

2:00 Navigating grief through different languages
Evan Lee-Ferrand
Panelists: David Eddington II, Pilar Garcia,
and Isabel Pinto

3:00 **Break**

Visit the virtual exhibit hall for live interaction with exhibitors

3:15 Stories from the field: Staff grief support
Ken Faulkner, MA, MDiv
Audrey Roberson, PhD, RN, CPAN
Allison Scott, MS Ed
Vishal Yajnik, MD

4:15 Closing remarks
Stephanie Hamilton, MDiv

4:20 Supplementary breakouts

Option A - Dialogue with Good Grief leadership and chaplains

Option B - Meet and Greet with the Language Services Team

Option C - Virtual exhibit hall Live interaction available until 5:00 p.m.

Note: Exhibits will be available to view in the virtual exhibit hall at any time throughout the conference. Exhibitors will be available to interact live with attendees via videoconference at designated times during the conference. See agenda for live interaction times.

Guest faculty

Marilyn J. D. Barnes, MS, MA, MPH, BCC

Chair, Patient Counseling College of Health Professions Virginia Commonwealth University Richmond, VA

Ann Day

The Compassionate Friends RVA Richmond, VA

Alena C. Hampton, PhD, LCP

Assistant Dean for Student Success Assistant Professor, Department of Rehabilitation Counseling College of Health Professions Virginia Commonwealth University Richmond, VA

Jennifer Moss

Director of Community Outreach Bliley's Funeral Home Richmond, VA

VCU Health faculty

Rich Catlett, MDiv, MS, BCC

Pediatric Chaplain ASK Childhood Cancer Foundation

David Eddington II

Spanish Medical Interpreter
Department of Patient Centered Services
Office of Language Services

Ken Faulkner, MA, MDiv

Chaplain

Department of Pastoral Care

Pilar Garcia, CMI

Certified Medical Interpreter Department of Patient Centered Services Office of Language Services

Stephanie Hamilton, MDiv, BCC

Assistant Professor Department of Patient Counseling Manager for Bereavement Services

Evan Lee-Ferrand

Medical Interpreter Supervisor Department of Patient Centered Services Office of Language Services

Kathryn Maher, PhD, LCP

Assistant Professor Department of Psychiatry and Surgery Clinical Services for Trauma Surgery Team

Isabel Pinto

Spanish Medical Interpreter Department of Patient Centered Services Office of Language Services

Audrey R. Roberson, PhD, RN, CPAN

Nurse Manager Medical Respiratory Intensive Care Unit

Heather Rossi, CCLS, CPST

Child Life Specialist Senior Department of Pediatric Child Life Children's Hospital of Richmond at VCU

Becky Lomaka, MA, CT

Director of Grief Support and Education O'Connor Mortuary Richmond, VA

Susan Parish, PhD

Dean, College of Health Professions Virginia Commonwealth University Richmond, VA

Carrie Schaeffer, LCSW

Perinatal Bereavement Services Manager Full Circle Grief Center Richmond, VA

Allison Scott, MS Ed

Educational Consultant VCU Health Continuing Education

Vishal Yajnik, MD, MS

Assistant Professor Anesthesiology and Critical Care Medicine

Disclosure statement

In compliance with ACCME standards, all planner and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

Accreditation and credit



In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide

continuing education for the health care team.

VCU Health Continuing Education designates this live activity for a maximum of 6.25 **AMA PRA Category 1 Credits**™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

VCU Health Continuing Education designates this activity for a maximum of 6.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



6.25 CE credits will be awarded for psychologists attending the entire program. Continuing Education (CE) credits for psychologists are provided through the co-

sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibly for the content of the programs.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved

Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course. Social workers completing this course receive 6.25 ASWB continuing education credits.



Approved Provider

VCU Health Continuing Education is an AOTA Approved Provider of professional development. Course approval ID# 02691. This distance learning-interactive program is offered at 0.625 CEUs (introductory level, foundational knowledge).

AOTA does not endorse specific course content, products, or clinical procedures.



This activity was planned by and for the healthcare team, and learners will receive 6.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

Registration

Register online at vcu.cloud-cme.com/Grief2021

Registration Fee: \$75

Register by October 20, 2021.

Cancellation policy

Registration fee, less a 15% non-refundable administrative fee, will be refunded only if written notice of cancellation is received via email to cmeinfo@vcuhealth.org on or before **October 8, 2021**. There will be no refunds after this date.

Questions?

Contact VCU Health Continuing Education ceinfo@vcuhealth.org | 804.828.3640

Disclaimers

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

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Accommodations

All participants have the right to participate in this continuing education activity without discrimination due to age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex (sexual orientation, gender identity or expression and pregnancy), protected veteran status, marital status, genetic information, or any other protected characteristics under applicable federal, state, or local law. If you need accommodations to participate in this activity, please contact us at ceinfo@vcuhealth.org for more information.

Complaint policy and resolution process

All complaints must be made in writing to ceinfo@vcuhealth.org.

All complaints will be logged into the complaint log. The Director, Continuing Education will attempt to resolve the complaint within the first contact, when possible, and will respond to the client and customer's concerns within 5 business days of the initial complaint. At the time of the first contact, Director, Continuing Education will inform the complainant if more time will be needed to research the complaint.

If the complaint is still unresolved after communication with the Director, Continuing Education, or if the initial complaint is not addressed in a timely manner, the complainant may contact the President & CEO, UHS-PEP. The President & CEO will then contact the complainant and endeavor to resolve the complaint within 10 business days after being contacted.

The complaint log will be regularly reviewed to identify areas of operations and service that may require improvement. The Director, Continuing Education will research reoccurring complaint matters and recommend process and procedure changes, when appropriate. These changes will be noted on the Complaint Resolution Log, and any necessary policy and/or procedure updates will be made within 15 business days thereafter.